



DEDICATION – Satsang with Vishrant

Seeker: How much of my time should I dedicate to waking up?

Vishrant: What are you willing to give to get what you want? To have peace, to be happy, to know who you are? What are you willing to give for this? The answer must be everything. One hundred percent. After all, what we are really talking about is a way of life, not just a part-time thing you do when it's convenient. The way of the heart is a way of living totally; a way of living this life beautifully. In this pristine moment, without desires demanding attention, all is well. It is effortless just to Be. There is no stress. It is blissful, just to Be. If what you want is to live beautifully, dedicate your whole life to heart. Everything you are involved in should support heart. Live totally.
