



## ***Totality Wins – Satsang with Vishrant***

*Seeker: So where did your totality come from?*

**Vishrant:** It was an understanding. I just stood back and I looked and I saw this to be the truth. I saw that people who were successful in the world in any way, whether we're talking athletes or car racers or businessmen, they're all total, they all operated from totality. Even in academic circles it's the same, musicians, artists, the ones who were successful were the ones who were into totality and the ones who were failures were the ones who were half-hearted. It was just clear that that's how it is in this world. If you only put a little bit in, you usually don't get anything back. You get failure. If you put yourself totally into anything, the chances are you'll succeed. But I think that's rather obvious. All you've got to do is listen to any interview with anybody who's succeeded at anything and they'll tell you.

*Seeker: Ok.*

**Vishrant:** If people don't see it, it's because they don't want to. They have an investment in not being total. They have an investment somewhere in being half-hearted and you have to look for yourself to see what that investment is.

*Seeker: Yeah I can see that there is something in this, I still don't get how you saw what totality was, how it played and that you recognized it and acted on it.*

**Vishrant:** Well a part of going for something totally is also the realization that nobody else is going to do it for you. If we're still waiting for Mum or Dad or a partner to pick it up for us and carry it for us, or if we're waiting for anything to pick it up and carry it for us, we will fail because there is a good chance no-one's going to pick it up for us. You've got to look and see for yourself; what stops you from carrying the ball? Why do you leave it sitting for someone else to pick up and carry? When you see that, it may change. It probably will. If you're not willing to pick the ball up, if you're willing to leave it there for someone else, you're headed for disaster. You're headed for failure in whatever you're doing and this is really, really clear. This is what happens.

**Vishrant:** With that as an understanding, I have an understanding of what a spoilt child is. A child who never gets to be made responsible for their actions and their deeds, who gets picked up after and then has the possibility of never growing up. Spoilt! There's no back-up for winners, they are the winners, and they are total unto themselves. Mohammad Ali didn't have someone who stepped into the ring for him at half time and had a few rounds. He went the whole way, the whole nine yards as everybody who wins does. It's up to you.

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