



What is Real – Satsang with Vishrant

Seeker: Quite clearly things don't matter from here.

Vishrant: Quite clearly. You see, the real in the moment, nothing matters much hey? Everything's ok. All this intellectualising about it loses integrity when you come firmly into the moment.

Seeker: It's like the thing which strings together just breaks down.

Vishrant: Yeah. See there's no slyness in this, there's no trickiness in this, there's no cleverness in it, it's authentic. There's nothing trying to be anything it's not; just here. There's nothing that needs to know because it knows itself. And there's peace. As long as there's no struggle, there's peace. Now what moves from this space which is what your question was about; just dream. This is real. Wherever you are, this is here this is real. Whatever's happening, this is real. Everything else comes and goes. What moves? When there's contentment and there is in beingness, who cares? Also about the intellectual ideas, concepts and beliefs. In a way, going to the intellectual ideas and concepts is a sellout on the beauty that's here, on the reality that's here because they in themselves are not real. They're just appearances. What has value? What has value in this?

Seeker: This does.

Vishrant: Only this yeah but if you don't have the experience of this, then ideas and concepts have value, belief systems have value, thought structures, patterns have value, identities have value, suffering even has value.

Seeker: What smiles?

Vishrant: What doesn't. You see, to ask the question, to want to know the answer, where does that take you from?

Seeker: The question's shallow.

Vishrant: Indeed. We're the ocean and the wave thinks it wants to know something. The ocean is so peaceful.

Seeker: Yes it is.

Vishrant: All the words are just a waste of time to the ocean. This is just ok as it is. No need for understanding. What wants to understand is a defence system. It wants to know what's happening so it can feel safe. It's the unreal asking.
