



WHAT IS HERE NOW? – Satsang with Vishrant

Seeker: I've been a little unwell, and physically had some chest pains, and have felt very drawn-in, in that. And today I popped out, and I'm here now.

Vishrant: So, without the past at all, with no memory, no memory whatsoever, no beliefs, no concepts, and without any future, just here in this moment, no past,, no future, just this moment, what's Here?

Seeker: You

Vishrant: Look back, what else is Here?

Seeker: My awareness of you.

Vishrant: Look back

Seeker: Awareness

Vishrant: Yes, and its nature, the nature of this awareness? In this moment.

Seeker: Still, everything.

Vishrant: Stay with Still, you jumped, just Still

Seeker: Still

Vishrant: And This is always here, this Stillness, and this Peace that goes with the Stillness. And we step out of this moment whenever we access memory. So the body is going to do what it does, it's going to get sick, it's gonna get well, eventually it's going to die. The interest lies in what was here before the body, and what is going to be here after the body, what is here now. So, there was something that was aware the body was sick. This is where the interest is, what is This that is aware, what is This that's aware of the voice speaking now. What is its nature; in other words, Who am I? Who is this I that is experiencing? We're so used to going with our stories of what's happened and what hasn't happened, and were all ageing so we can talk about that. But to be in this moment, there is no age, there is just beauty. To be here in this moment is timeless, and so vast. Just Here. The question that's being asked tonight, though it doesn't need to be answered, is: What are you willing to give This? First of all, see if you want it, if this is what you want, this Happiness, unreasonable Happiness, Contentment, Freedom. And if it is what you're willing to give for it. Are you willing to pay the price for This? If not, examine what you're hanging on to, and this is what is costing you your Freedom, your Happiness.

Seeker: The price is okay. When you first said it today, before you passed the microphone around, everything occurred to me, I just feel a bit stupid saying it.

Vishrant: That's fine. Everything is welcome here, even stupidity. I mean, the main thing that is present, when there's people living identified with the personality, is ignorance. Ignorance of Self, because Self is here, but it's not being seen, it's not being experienced because of the ignorance. And the ignorance includes the belief that the personality is real; that the personal "I" is real. This is ignorance. So, stupidity, ignorance, it's all welcome.

Seeker: It just sounds very serious.

Vishrant: Yes, sometimes that's how it comes. Sometimes it plays, sometimes it dances, sometimes it's serious; it has many faces. The best transmission possible, is the silence that draws you in, that stills the mind.

Seeker: Thankyou
